

SECTION 13

RESOURCES AND INFORMATION

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PROGRAM RESOURCES

A variety of resources exist to help implement the National School Lunch, School Breakfast, and Special Milk Programs, to provide training to food service staff, and to provide nutrition education to students.

CNP Guidance Materials

The following guidance materials are available from the CNP office (those noted as "FNS-####" are publications from USDA):

- *Accommodating Children with Special Dietary Needs in School Nutrition Programs*
- *Child Nutrition Programs Guidance Manual for Residential Child Care Institutions*
- *Processing Catalog*
- *Food Service Management Company Guidance Manual for School Food Authorities*
- *Dietary Guidelines for Americans (USDA pamphlet in English)*
- *Eligibility Guidance for School Meals Manual and video (FNS-274)*
- *Facts About USDA Commodities*
- *Food Buying Guide for Child Nutrition Programs*
- *Free and Reduced-Price Policy Handbook*
- *Healthy School Meals Training*
- *Meal Counting and Claiming Manual and video (FNS-270)*
- *Meal Pattern Requirements and Offer vs. Serve Manual and Video (FNS-265)*
- *Menu Planning Guide for School Food Service (FNS-1260)*
- *Menu Workbook and Food Buying Guide*
- *Quantity Recipes for School Food Service (FNS-1371)*
- *Special Milk Program Manual*
- *Special Assistance Guidance Manual*
- *Tool Kit for Healthy School Meals*
- OMB Circular A-110, Attachment O

CNP Training Classes

NSLP introductory workshops are offered on a continuous schedule for new school food service personnel and business staff. The introductory workshop covers all areas of the NSLP program. It is required for all new sponsors to the program, as well as, continuing sponsors that may have new staff responsible for the food service program. Enrichment workshops are also offered throughout the school year on topics such as, meal planning, understanding the financial requirements, and more. Schedules are sent to program administrators on an annual basis. To make workshop reservations or request information, contact the CNP office at (602) 542-8700 or 1-800-352-4558.

Professional Growth

The Arizona Department of Education offers technical assistance to help staff meet professional development goals. In addition, various workshops are offered throughout the year which provide training to help sponsors operate the Child Nutrition Programs to their greatest potential. Information about these workshops will be sent directly to sponsors. Recommended training pathways for personnel are available from ADE and are in alignment with the Arizona School Food Service Association's requirements for certification. For more information, please contact your Child Nutrition Program Specialist.

NUTRITION EDUCATION RESOURCES

National Organizations

1. Food and Nutrition Information Center (FNIC)
National Agricultural Library
10301 Baltimore Boulevard, Room 304
Beltsville, MD 20705
(301) 504-5719
Fax: (301) 504-6409

FNIC has a large number of resources on topics such as weight control, child and adolescent nutrition, and many others. All of them can be borrowed for 30 days, free-of-charge, for preview or actual classroom use.

2. National Food Service Management Institute (NFSMI)
P.O. Drawer 188
University, MS 38677-0188
1-800-321-3054
Fax: 1-800-321-3061
www.nfsmi.org

The NFSMI is located at the University of Mississippi and serves the school food service industry by conducting research, providing education and training, and operating a clearinghouse. A list of resources is available from NFSMI.

3. The American Dietetic Association (ADA)
216 West Jackson Boulevard, Suite 800
Chicago, IL 60606-6995
(312) 899-4854
1-800-366-1655 (Nutrition Information Line)
Fax (312) 899-1739
www.eatright.org

The ADA provides information about food and nutrition to consumers, dietitians, industry, media, and health care professionals.

4. American School Food Service Association (ASFSA)
700 S. Washington St., Suite 300
Alexandria, VA 22314
1-800-877-8822 or (703) 739-3900
Fax (703) 739-3915
www.asfsa.org
5. American Association of Family and Consumer Sciences
1555 King Street
Alexandria, VA 22314
1-800-424-8080
Fax (703) 706-4663
www.aafcs.org
6. Food Research and Action Center (FRAC)
1875 Connecticut Ave., NW, Suite 540
Washington, DC 20009
(202) 986-2200
Fax (202) 986-2525
www.frac.org

FRAC is an anti-hunger organization that conducts research and provides public information about hunger in America.

7. Food Information Service Center (FIS)
21050 S.W. 93rd Lane Rd.
Dunnellon, FL 34431
(352) 489-8919

The FIS Center has published ten manuals designed to provide technical assistance to food service supervisors for improving the procurement and handling of food products. Copies are available at a nominal charge from FIS.

Local Organizations

1. American Cancer Society (ACS), Arizona Division
2929 East Thomas
Phoenix, AZ 85016
1-800-227-2345 or (602) 224-0880
Fax: (602) 224-7466
www.cancer.org

2. American Heart Association (AHA), Arizona Affiliate
2929 South 48th St.
Tempe, AZ 85282
(602) 414 – 5353
Fax: (602) 414-5355
www.americanheart.org/az
3. Arizona Cooperative Extension, USDA
University of Arizona
Tucson, AZ 85721
(520) 621-7205
www.ag.arizona.edu
4. Maricopa County Cooperative Extension
4341 East Broadway Rd.
Phoenix, AZ 85040
(602) 470-8086
Fax: (602) 470-8092
www.ag.arizona.edu/maricopa
5. Arizona Dietetic Association
P.O. Box 33816
Phoenix, AZ 85067
(602) 955-4451
6. Dairy Council of Arizona
2008 South Hardy Drive
Tempe, AZ 85282
(602) 966-7211
Fax: (480) 829-7491
www.DairyCouncilofAZ.org
7. Arizona Department of Health Services (ADHS)
Office of Nutrition Services
2927 N.35th Ave., Suite 400
Phoenix, AZ 85017
(602) 542-1886
www.hs.state.az.us

The Office of Nutrition Services can answer questions about general nutrition issues, as well as provide specific information about feeding handicapped and disabled students.

8. Food Service and Environmental Health
3008 North 3rd St.
Suite 207
Phoenix, AZ 85012
(602) 230-5912

The Food Service and Environmental Health Office can answer questions on food handling and kitchen sanitation. They can also provide information on how to contact your local county health department.

9. Arizona Beef Council
1401 North 24th St.
Phoenix, AZ 85008
(602) 273-7163
Fax: (602) 220-9833
www.arizonabeef.org

10. Arizona Prevention Resource Center (APRC)
542 E. Monroe, Bldg. D
Phoenix, AZ 85004
(602) 727-2772
1-800-432-2732
Fax: (602) 727-5400

The Arizona Prevention Resource Center (APRC) is Arizona's Central source for prevention information and materials. APRC offers a variety of resources and services available to sponsors. APRC loans materials to Arizona public or non-profit schools, agencies, and organizations. To obtain a loan agreement please call our office (602) 542-8700 or APRC.